



# LYMINGTON TOWN SAILING CLUB

## Solent Circuit 2020

### Sailing Instructions

Event dates:

11, 18, 25 October, 1, 8, 15 November

#### 1. Organising Authority.

1.1. The Organising Authority is the Lymington Town Sailing Club.

#### 2. COVID 19 & Government Guidance

- 2.1. It shall be the sole responsibility of the Yachts Owner, Skipper & Crew to comply with COVID 19 legislation on social distancing and related government guidance.
- 2.2. Each participating crew member shall agree to their details being recorded for the purposes of Track and Trace. The Yachts Owner, Skipper, or nominated Responsible Person shall maintain a crew list, updated for each race sailed, including crew name, e-mail and contact telephone number. The list shall be made available to the Organising Authority upon request, but only in the event of a positive COVID 19 case being reported.
- 2.3. All competitors are recommended to read the latest [RYA Guidance on returning to sailing & racing](#) with participants from different households.

#### 3. Rules

- 3.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 3.2. Boats intending to race, racing or that have been racing, may be found to break the IRPCAS if they impede the passage of a vessel (such as a Wightlink ferry) that can safely navigate only within a narrow channel or fairway. A boat that breaks RRS 42 in order to comply with IRPCAS, or for other safety reason, shall report the incident to the race committee before the end of the protest time limit for that race. If no racing advantage was gained, there will be no penalty. In cases of doubt, the Race Committee shall protest the boat in order that the Protest Committee may hear the case and decide any appropriate penalty.
- 3.3. Add to RRS 28.1. 'If the Race Committee observes a boat failing to sail the correct course, then she may be disqualified without a hearing.' This also changes RRS A5.
- 3.4. Add RRS 32.1(e) 'for any reason considered appropriate by the Race Committee.'
- 3.5. All competing yachts in IRC and LAH Classes shall comply with World Sailing Offshore Special Regulations - Appendix B. (See NoR Attachment A for details).

- 3.6. The Nordic Folkboat Class Safety Regulations, Appendix XSR shall apply for Folkboats only.
- 3.7. Nordic Folkboat International Association (NFIA) Class Rules shall apply, subject to the following:
  - 3.7.1. There shall be no penalty for a breach of NFIA Rule 8.20 (Headsail Furling).
  - 3.7.2. There shall be no penalty for a breach of NFIA Rule 1.1.1 in respect of having an outboard engine mounted on the stern whilst racing.
  - 3.7.3. Folkboats are not permitted to use spinnakers whilst racing.
  - 3.7.4. RRS 52, Manual Power shall not apply.
- 3.8. The J80 Class shall comply with their Class Rules, with local amendments where applicable.
- 3.9. When flag Y over A is displayed with one sound before or with the warning signal, competitors in boats not fitted with guard wires shall wear personal flotation devices in accordance with RRS 40.
- 3.10. Yachts racing in IRC or LAH classes may remove their bunk cushions for the duration of the series without affecting their rating / handicap.

#### **4. Crew Limitations**

Notwithstanding S.I. 2, in the interest of compliance with Government Guidance, the following crew limitations shall apply:

- 4.1. IRC & LAH Classes shall sail with a maximum of six crew.
- 4.2. J80's shall comply with their Class Rules, with local amendments where applicable.
- 4.3. Folkboats shall sail with a maximum of two crew.

#### **5. Communications with Competitors**

- 5.1. Notices to competitors will be posted on the official notice board located in the Lymington Town Sailing Club and the Club Web Site Solent Circuit Page [www.ltsc.co.uk/solent-circuit](http://www.ltsc.co.uk/solent-circuit).
- 5.2. A list of entries and their TCFs may be published on the official notice board and the Club website.
- 5.3. The race committee will communicate on VHF Channel 77, Call Sign 'LTSC Committee'. If the race committee display a pink flag, alternate VHF Channel 87 will be used.
- 5.4. The following communications may be made by the Race Committee on VHF
  - Time checks
  - The race area and race schedule each day. Any schedule changes
  - Any change of starting order for multiple class starts
  - The approximate location of the Race Committee boat
  - The use of alternate preparatory signals
  - The courses to be sailed and any changes
  - The approximate bearings and distances to moveable/first marks
  - Sailing Instruction changes (confirmation of changes posted)
  - Postponements and abandonments
  - Individual and general recalls
  - The intended time of the first start of a starting sequence
  - The times of the first, second and last finishers
- 5.5. A WhatsApp messaging group may also be used to contact registered mobile numbers providing notifications and RC intentions. Boats should register mobile phone numbers when completing the on line entry. Failure to receive a WhatsApp message will not be grounds for redress

## 6. Changes to Sailing Instructions

- 6.1. Any change to the sailing instructions will be posted no later than 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

## 7. Signals made Ashore

- 7.1. Signals made ashore will be displayed from the flagstaff at LTSC.
- 7.2. When AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.

## 8. Schedule of Races

- 8.1. Races are scheduled each racing day as follows:

Date	All Classes
	Race No.
Sunday 11 <sup>th</sup> October	1
Sunday 18 <sup>th</sup> October	2
Sunday 25 <sup>th</sup> October	3
Sunday 1 <sup>st</sup> November	4
Sunday 8 <sup>th</sup> November	5
Sunday 15 <sup>th</sup> November	6

- 8.2. The time of each warning and start signal each day will be:

Class	Warning Signal	Start Signal
J80	09:55	10:00
IRC 1 & 2	10:05	10:10
LAH 1 & 2	10:15	10:20
Folkboats	10:25	10:30

- 8.3. In the event of more than one race being scheduled in a day, the second and subsequent races will be started as soon as practical following the last boat finishing in the class concerned.

- 8.4. Extra races may be sailed to maintain the original total number of scheduled races in the series.

## 9. Classes, Class and Event Flags, Rating or Handicap Limits

- 9.1. Class flags and rating limits will be:

Class	Class Flag	Rating Limits
Solent Circuit	NN0	
J80	IC H	
Folkboat	IC F	
IRC 1	NP 1	0.951 and above
IRC 2	NP 2	0.950 and below
LAH 1	NP 3	1.000 and above
LAH 2	NP 4	0.999 and below

- 9.2. When a visual signal is displayed under an event flag, the signal applies to all boats in that event. This changes RRS Race Signals.

- 9.3. The classes, handicap or rating limits may change the Notice of Race and may also be displayed on the official notice board as a change to this sailing instruction.
- 9.4. Should there be six or more entries for a particular type of boat within one of the above handicap classes, the Race Committee may include a separate Class for that type. Such decisions will be posted as a Notice to Competitors.
- 9.5. Should there be fewer than four entries for one of the above Classes, the Race Committee may exclude that Class and allocate entries to suitable alternative classes.
- 9.6. The Race Committee may adjust the definition, the numbers, and/or the handicap limits of Classes. Such decisions will be posted as a Notice to Competitors.
- 9.7. Other than Folkboats and J80s each boat is required to display the appropriate class flag on its backstay or in some other conspicuous place.
- 9.8. The Race Committee may in exceptional circumstances and at its sole discretion move boats between classes.
- 9.9. Boats racing under the Lymington Adjusted Handicap (LAH) system will be allocated a Club Number if they have raced under the system before, or, where they have no Club Number, they will be allocated a Base Number by the Race Committee. A boat's handicap may be adjusted after every race. An adjustment in handicap number is not grounds for redress, this changes RRS 62.
- 9.10. For boats racing under Lymington Adjusted Handicap, any changes to the boat, rigging, sails or equipment that could materially affect the performance of the boat during the series shall be notified in writing to the Race Committee before the start of the next race entered.

## **10. Racing Areas**

- 10.1. Attachment A shows the location of racing areas.

## **11. Courses**

- 11.1. The courses are described in Attachment A.

## **12. Marks**

- 12.1. The marks will be as described in Attachment A.

## **13. Areas that are Obstructions**

- 13.1. Areas to be designated as obstructions will be shown in Attachment A.

## **14. The Start**

- 14.1. Races will be started using Rule 26 with the warning signal made 5 minutes before the starting signal.
- 14.2. There will be a 5 minute delay between the start signal of the preceding class and the warning signal for the following class.
- 14.3. The starting line will be described in Attachment A.
- 14.4. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4 and A5.
- 14.5. Boats whose warning signal has not been made shall, if possible, avoid the starting area during the starting sequence for other boats. Boats breaking this SI may be penalised by the Race committee with a 20% scoring penalty without a hearing. This changes RRS A5.

## **15. Change of Course**

- 15.1. The system for changing the course is described in Attachment A.

## **16. The Finish and Shortening the Course**

- 16.1. The finishing line will be described in Attachment A.
- 16.2. Alternatives for shortening the course will be described in Attachment A.

## **17. Penalty System**

17.1. Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

### **17.2. Exoneration Penalty**

A boat that may have broken a rule of Part 2, or rule 31 or 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a 20% scoring penalty as stated in rule 44.3(c), (except that the minimum penalty is two places if that does not result in a score worse than DNF). This penalty does not reverse an OCS score, a disqualification under rule 30.3 or a penalty under Appendix P. It is not available for a breach of rule 2 or of class rules or for gross misconduct under rule 69. Nor is it available to a boat that caused injury or serious damage or gained a significant advantage by her breach: in these circumstances, her penalty is to retire.

17.3. When an Exoneration Penalty is accepted,

- (a) Neither the boat nor a Protest Committee may then revoke or remove the penalty.
- (b) The boat shall not be penalized further in a protest hearing when the Protest Committee decides that it was appropriate to the facts found and the applicable rules.

## **18. Time Limits and Target Times**

18.1. The time limit for all races shall be 3 hours.

18.2. The target time for all races where one race is to be sailed in a day is 1.5 to 2 hours.

18.3. Failure to adhere to target times shall not be grounds for redress.

18.4. The Race Officer may, at his sole discretion, shorten the course to achieve the target times.

## **19. Protests and Requests for Redress**

19.1. Protest forms are available at the LTSC race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

19.2. For each class, the protest time limit is 90 minutes after the last boat, irrespective of class, has finished the last race of the day. However, for protests alleging a breach of the IRPCAS based on a report from a source external to the Club, the protest time limit is 7 days after the alleged breach.

19.3. Notices will be posted as soon as possible after the final protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses.

19.4. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b).

19.5. Breaches of S.1.6.6 and 11.4 will not be grounds for a protest by a boat. This changes rule 60.1(a).

19.6. Penalties for breaches of rules, except RRS Part 1 and 2 are at the discretion of the Protest Committee.

19.7. RYA Rules Dispute Advisory and Mediation Hearings are available.

19.8. A boat that has taken a penalty under 44.1 shall inform the Race Committee by VHF or by reporting at the race office within the Protest Time Limit.

19.9. Unless notified otherwise, full protest hearings will be heard from 1500 on the Sunday following the day on which the race concerned took place, except for the last race of the series, when any protests will be heard on the same day.

19.10. Competitors are requested to advise the finishing boat by VHF if intending to lodge a protest or seek redress.

## **20. Scoring**

20.1. The number of races required to complete a series and the number of discards are specified in the Notice of Race.

20.2. RRS A9 Long Series Scoring shall apply.

20.3. A boat that is racing when her time limit expires shall be scored points for the finishing place one more than the last boat to finish. This changes RRS A4.2 and A9.

20.4. Boats shall only be entered on the series results after they have started a race.

## **21. Reporting a Retirement**

- 21.1. A boat that retires from a race shall notify the Race Committee as soon as possible by either, hailing, VHF or telephone to 01590 674 514.

## **22. Official Boats**

- 22.1. Official boats will fly an LTSC Burgee

## **23. Rubbish Disposal**

- 23.1. RRS 55 shall apply to all competitors.

## **24. Prizes**

- 24.1. Prizes may be awarded at the discretion of the Race Committee. Details of any Prize Giving will be posted as a Notice to Competitors.

## **25. Risk Statement**

- 25.1. Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
  - (e) The provision of a race management team, patrol boats and other officials and volunteers by the race organiser does not relieve them of their own responsibilities;
  - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
  - (g) The fact that race officials may conduct inspections of a boat does not reduce the responsibilities of each competitor set out in the Notice of Race.

## **26. Disclaimer of Liability**

- 26.1. Competitors participate in the regatta entirely at their own risk, see RRS 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

## **27. Insurance**

- 27.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million per event or the equivalent.

## SAILING INSTRUCTIONS - ATTACHMENT A - RACE AREA, MARKS & COURSES

### A1. The Race Area

A1.1 The race area will be: The Western Solent

### A2. Starting Marks and Starting Line

A2.1 The starting line marks will be:

Inner Mark	Inner Limit Mark (if laid)	Outer Mark
Staff with Orange flag on Committee Boat	Small orange inflatable buoy	Orange buoy with Blue & White striped waist.

A2.2 The starting line will be between the course side of the inner and outer starting marks.

A2.3 The committee boat may be at either the port or starboard end of the line.

A2.4 The inner limit mark is a starting mark and shall have the same required side as the committee boat.

A2.5 The inner limit mark will not necessarily be laid exactly on the start line.

A2.7 Before a boat's first start of each day she should pass the committee boat so that her sail number is clearly visible to the Race Committee.

### A3. MARKS OF THE COURSE

A3.1 Charts listing marks of the course are published on the LTSC website and are available from the LTSC Sailing Office as West Solent Racing Area and Lymington Inshore Racing Marks. Courses may be set using either or both lists.

### A4. GATES

A4.1 The Gate, when set, will be the same as the finishing line.

### A5. FINISHING MARKS and FINISHING LINE

A5.1 The finishing line marks will be:

Inner Mark	Inner Limit Mark (if laid)	Outer Mark
Staff with blue flag on the Finish Committee Boat	Small orange inflatable buoy	Orange buoy with black and white chequered waist.

A5.2 The finishing line will be between the course side of the Inner and Outer finishing marks, or the Inner Limit Mark and Outer Mark if the Inner Limit Mark is laid. The finish committee boat may be at either end of the line.

## **A6. COURSES**

- A6.1 The course for all classes will be broadcast on VHF by the Committee Boat. Courses will be announced as the list of marks in the order in which they are to be rounded or passed, the side it is required that they are rounded, or passed, and the number of laps. The course for each of these Classes will be repeated on VHF immediately after the warning signal for that Class. The Committee may not respond to requests for the courses to be repeated.
- A6.2 When one or more moveable marks are used, the approximate magnetic bearings from the starting line inner mark will be broadcast on VHF with the Courses. If more than one moveable mark is used, the magnetic bearings will be announced in the order in which the marks are to be rounded or passed.
- A6.7 A boat, whilst racing, shall not pass through the Start Line, Gate or Finish line in either direction unless required to do so to start a race, sail the correct course as announced by the Race Committee, complete a round of the course or finish a race. If the Race Committee observes a boat failing to comply with this SI, she shall be given a 20% scoring penalty in accordance with RRS 44.3(c) without a hearing. This changes RRS A5.

## **A7. OBSTRUCTIONS**

- A7.1 The following are obstructions and after starting and whilst racing, shall only be passed on the channel or seaward side:
  - A7.1.1 Jack in the Basket
  - A7.1.2 RLymYC Starting Platform
  - A7.1.3 The barrier off Durns Point
  - A7.1.4 Pennington outfall beacon, except for Folkboats
  - A7.1.5 A plain white spherical buoy approximately one metre in diameter, situated south east of the inner trot of harbour moorings to the west of Yarmouth Harbour entrance.

## **A8. CHANGING OR SHORTENING THE COURSE**

- A8.1 The next leg of the course may be changed at any mark to send boats direct to the finish from that mark (Paragraph A7 above continues to apply). This change will be signalled by a boat flying an LTSC Flag and International Code Flag "K" and making repetitive sound signals. Boats shall round that mark leaving it on the side shown in the course and then sail to the finish, crossing the line in a direction appropriate to the last mark rounded. This is in addition to RRS 33.
- A8.2 If a race is shortened by the display of S over N after at least one round of a multi-round course has been completed by all boats of the class, the order in which the boats passed through the gate at the end of the last completed round shall be used as the finishing order. This changes RRS 32.
- A8.3 When less than 75% of the boats starting in a class finish within the time limit, the Race Committee may score boats that did not finish. Scores will be based on the last mark at which the Race Committee recorded rounding's except that any boat that finished the course shall be placed in their corrected finishing order higher than any boat that did not. This changes RRS 35, A4.2 and A9.