

# LYMINGTON TOWN SAILING CLUB

## Royal Yachting Association (RYA) Dinghy Sailing Courses 2021




**Lymington Town Sailing Club** is an RYA recognised training centre. The club provides dinghy sailing courses, which lead to an RYA qualifications.

Courses follow the RYA syllabus for Dinghy Sailing. Coaching is provided by our experienced RYA qualified instructors who are familiar with the local sailing area. They have an enthusiastic but relaxed approach to their sport and a wealth of knowledge to impart.



### Beginner Courses

Training for beginners takes place in the sheltered waters of Lymington River and creeks protected by the Lymington Marshes.

Crew Boat	Keel Boat	Single Handed
		
<p><b>Crew Boat</b> training takes place in the club's RS Vision and RS Quest sailing dinghies. Both boats allow the instructor to sail with the students, to provide close quarters help and support.</p> <p>Having the instructor in the boat allows the students to progress forwards in a confident and friendly environment.</p> <p>If candidates aspire towards sailing with others, then this would be the course to select.</p> <p>The club has 4 RS Visions and 2 RS Quest crew dinghies that can be used with a Level 2 certificate. A popular crew boat at the club is the RS 400.</p>	<p>LTSC RYA <b>Keelboat</b> courses cover sailing and motor boating skills. These skills are very similar to dinghy sailing, except the boat is larger and has a keel.</p> <p>Our courses are tailored to suit your own needs.</p> <p>Our courses follow the same RYA syllabus for dinghy sailing. This provides an excellent opportunity for those who prefer a more stable and steady environment with our Garana 601 Keelboat.</p> <div data-bbox="651 1675 991 1843" style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Please Enquire – due to COVID we are not offering scheduled courses.</b></p> </div>	<p>Our <b>Single-Handed</b> training course is about achieving more helm time to develop the skills in a shorter time.</p> <p>After the instructor demonstrates the sailing manoeuvres the instructor will be in a safety boat leading the class. The smaller dinghies do make capsize more likely, but they are much easier to recover than a crew boat.</p> <p>This course is ideal for nimble candidates who aspire towards sailing single handed dinghies and takes place in Laser Picos.</p> <p>The club has 4 Laser Picos which can be used with a level 2 certificate. A popular single handed boat is a RS Aero.</p>
<p><b>RYA Dinghy Sailing Scheme Start Sailing to Advanced modules.</b></p>	<p><b>RYA Start Sailing and Basic Skills – Keel Boat(level 1 &amp; 2)</b></p>	<p><b>RYA Dinghy Sailing Scheme Start Sailing to Advanced modules.</b></p>
<p><b>Prices start from £195 for members. See list</b></p>		

More details on the RYA Dinghy Sailing Scheme can be found here –

<http://www.rya.org.uk/courses-training/courses/dinghy-multi-keel/Pages/adult-guides.aspx>

**Please turn over for more information.**

## Course Information

### **RYA Start Sailing (Level 1)**

The Start Sailing course is designed for those with little or no sailing experience. Learning to sail is through practical demonstrations and individual coaching. Our aim is to develop, skills enabling trainees to sail under supervision, around a triangular course in light winds.

### **RYA Basic Sailing (Level 2)**

Moving up to Level 2 is where the fun begins, and you really start confident in your dinghy. Manoeuvres will be perfected, and you will develop your skills on all points of sailing. Extra skills are completed enabling you to totally in control.

## Other RYA Courses at LTSC

At LTSC we also offer Better Sailing(L3) and the advanced modules. We offer a range of courses including Power Boat Level 2, Shore based theory courses, first aid and SRC (VHF) courses. Please visit our website at [www.ltsc.co.uk](http://www.ltsc.co.uk) or email [training@ltsc.co.uk](mailto:training@ltsc.co.uk)

## Multihull Conversion

For those with level 2 dinghy sailing who like to broaden their skills to include catamaran sailing. The club is offering the opportunity to convert your skills on a one-day course. This will include tacking and gybing, man over board and capsize recovery.

## Personal Tuition

Any of the sailing training courses previously listed can be provided on a personal tuition basis at a time to suit you. Please enquire.

## Benefits of training with LTSC

We are a friendly club, we partly offer training because we hope you will wish to join the LTSC. However, this is not compulsory, and we are pleased to welcome everyone onto our courses. All our instructors are experienced dinghy sailors with a range of RYA qualifications and interests including dinghy cruising and racing. If you train with us, you will soon find yourself with invitations to sail in dinghy activities. In the summer months, there are opportunities to sail three or four times a week in club racing or fun sailing. In the winter sailing goes on at least weekly. See [www.ltsc.co.uk/](http://www.ltsc.co.uk/) for more details. Part of your course will include advice about dinghy classes and moving on in sailing.



## Prices

Course fees are competitive with other training centres and structured with member and non-member rates.

Non-members will benefit from temporary membership of LTSC for the duration of their course and will receive a £45 refund on course fees to put towards their first year's subscription should they go on to join LTSC before the end of the membership year.

### **Lymington Town Sailing Club,**

Bath House, Bath Road, Lymington, Hants, SO41 3SE

Tel. Office 01590 674514

[training@ltsc.co.uk](mailto:training@ltsc.co.uk)

[www.ltsc.co.uk](http://www.ltsc.co.uk)

Course Title	Boat Type	£ per person		Course Dates					
		Non-Member	Member	April	May	June	July	Aug	Sept
<b>RYA Start Sailing &amp; Basic Sailing Courses.</b> Adult beginners' courses Level 1 or 2 These courses are two-days in duration enabling you to progress quickly from beginner to competent sailor in a controlled, safe and enjoyable environment. Each course can be taken in a dinghy, small keelboat or multihull. <b>(2 days)</b>	Crew Boat	240.00	195.00			29/30	13/14	10/11 24/25	7/8 21/22
	Keel Boat	265.00	220.00						
<b>RYA Better Sailing, Seamanship Skills Dinghy Courses or advanced modules</b> For more details please see here <b>(2 days)</b>	Crew Boat, Keel Boat, Single Handed	240.00	195.00				27/28	<b>By Arrangement (minimum 2)</b>	
<b>Personal Tuition</b> tailored to specific needs. Training completed in any of the clubs boats.	2hrs	66.00	50.00	<b>By Arrangement</b> Please email <a href="mailto:training@ltsc.co.uk">training@ltsc.co.uk</a> or Telephone the office to arrange					
	3hrs/1/2 day	99.00	75.00						
<b>Second Person Personal Tuition</b> as above. (add a 2nd person to your lesson)	2hrs	30.00	15.00						
	3hrs/1/2 day	45.00	20.00						
<b>RYA Level 1, 2, or 3</b> – choose one course. 1 to 1 tuition at a mutually agreed time to suit. (15hrs total – need not be consecutive days). <b>Midweek Only</b>	Any Boat	480.00	390.00						
<b>Improvers</b> These sessions are to give members the opportunity to gain time on the water after they have achieved any Award (RYA Level 1 minimum). Instructor on hand to advise.	<b>Saturdays</b> 9am – 12pm	30.00	15.00						
<b>Try Dinghy Sailing</b> (about 60 minutes on the water) one-to-one helmed by instructor) 90min total.	Any Boat	50.00	40.00	<b>By Arrangement</b>					

### Prices

Course fees are competitive with other training centres and structured with member and non- member rates. Non-members will benefit from temporary membership of LTSC for the duration of their course and will receive a £45 refund on course fees to put towards their first year's subscription should they go on to join LTSC before the end of the membership year

**Lymington Town Sailing Club**, Bath House, Bath Road, Lymington, Hants, SO41 3SE Tel. Office 01590 674514

[training@ltsc.co.uk](mailto:training@ltsc.co.uk)

[www.ltsc.co.uk](http://www.ltsc.co.uk)